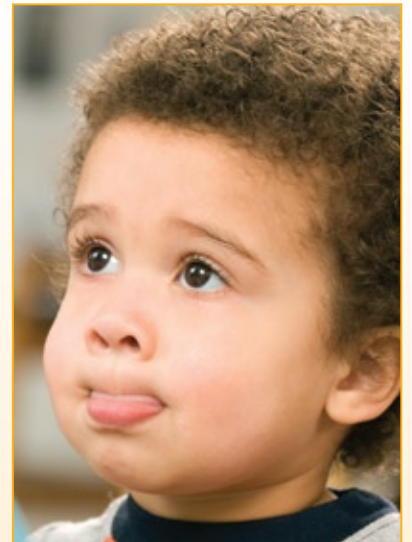


Washburn's Early Intervention Helps Infants, Toddlers and Preschoolers

Washburn provides an array of services that target children with social, emotional and behavioral problems, at different age levels and with different degrees of severity. Recognizing the importance of providing early intervention for very young children, Washburn has three longstanding programs that serve infants, toddlers, and preschoolers: **Family Focused**, **Preschool Day Treatment**, and **Early Childhood Outreach**. As a center of excellence, Washburn has implemented elements of several evidence based practices and promising practices within these programs: **Parent Management Training: The Oregon Model (PMTO)**, **Filial Play Therapy**, **Infant/Child-Parent Psychotherapy**, and **Developmental Repair**.

This past year Washburn received a Department of Human Services Children's Mental Health grant to expand early childhood mental health assessment and treatment services. As a result, in January, Washburn began providing services at two pilot locations that serve children age zero to six: the **Broadway School Teenage Pregnant and Parenting Program (TAPPP)** in north Minneapolis and the **Pond Early Childhood Family Center** of the Bloomington Public Schools.

The Pond Center includes **Early Childhood Special Education** services as well as a new **medical, dental and social services clinic** all housed in the same building. Since January, when Washburn psychologist Kari Barth began providing early childhood mental health services at Pond, there has been an overwhelming response from parents and professionals who work with young children. Kari started by providing parent trainings and consultation to staff at Pond, to help them work with children experiencing mental health problems and identify when more help is needed. Referrals for families needing to work on parent/child interaction issues and to address child and/or parental mental illness have led to a waiting list for therapy services. Kari reports the community has been very supportive of the initiative, and she has been told on many occasions that her services are helping to meet a significant unaddressed need.



Washburn Center for Children helps children with social, emotional and behavioral problems, and their families, lead successful lives.

Letter from the Director

STEVE LEPINSKI



As I write this column it is with pride that I share with you that the young lives of Xavier, Nicki and Jerome are much better and they and their families have new hope for the future. They are among the more than 2,100 children that Washburn Center for Children served in 2009.

In spite of the challenging economy, Washburn continues to be strong. We are grateful for the support of the community that has allowed us to increase our impact on children and families. This past year we saw growth in the number of children served, number of staff, and annual budget. Our focus on building a best practice model for assessment and treatment of children is the foundation for our success.

As a center of excellence in children's mental health one goal is to serve even more of the children in our community who need help but are not receiving it. The financial model for children's mental health is challenging since reimbursement rates often do not cover the costs of the services provided. This is especially true for low income children and families, and at Washburn we continue to have over 50% of our clients in this category. Health care reform is on everyone's mind. We do not expect to be negatively impacted by this in the short term. The state and county budget issues will be a greater issue for Washburn.

Philanthropy is critical for us to provide comprehensive, high quality services to all children, regardless of their family's health coverage or capacity to pay. Because of you, we are helping children like Xavier, Nicki and Jerome have a brighter future; full of hope with the opportunity to live successful lives. Through your contributions to our annual fund, special project initiatives, or to the holiday gift drive, you are making a big difference for children and their families. Thank you for your continued support of Washburn Center for Children.

...the young lives of Xavier, Nicki and Jerome are much better and they and their families have new hope for the future.

Washburn Center for Children's Programs and Services

Individual and Family Therapy Services:

Outpatient

School-Based

Preschool/Early Childhood Services:

Early Childhood Outreach

Family Focused

Intensive Classroom and Home-Based Services:

Day Treatment

In-home therapy

Crisis Stabilization

Case Management

SPECIAL THANKS

Holiday Gift Drive

Thank you to everyone who helped to make the 2009 holiday gift drive a great success. Gifts were provided for nearly 400 children. We are grateful for the generosity of individual donors and the following groups:

All Saints Lutheran Church, Eagan
Allianz Life
Bethel University, Lissner Residence Hall
Burnet Title
Cargill Salt
General Casualty Insurance Company
Grassroots Solutions
Old Home Foods, Inc.
Oracle
Regions Hospital
Shepherd of the Valley Lutheran Church
SUPERVALU

Thank You Frey Foundation and Donors

We had an overwhelming response to the 2009 Frey Foundation Matching Grant! We are grateful to the Frey Foundation and also the 323 donors who leveraged their giving by making an increased gift or a first time contribution to Washburn. During a challenging economic time, this grant helped donors to maximize their generosity and have an even greater impact on helping children and their families.



Kids Are Climbing the Walls At Washburn

Thanks to the generosity of **Everlast Climbing Industries** the children at Washburn have a new activity center. As their Day of Caring Project, Everlast Climbing Industries donated and installed a traverse climbing wall in Washburn's large motor room. This is a positive resource for the children as climbing provides opportunities to build physical, cognitive, social and emotional skills. Using the uniquely designed hand and foot holds the children are never more than a few feet off the floor as they traverse the wall.

In addition to this donation, the educational specialists from Everlast Climbing Industries provided training for Washburn clinicians. A special thank you to **Tim Sudeith** and **Mertyce Mrvos** and the entire crew at Everlast Climbing Industries for being such a great community partner.

Check out the website at www.washburn.org to see pictures of the team who installed the wall and the employees who donated their time to produce the wall.

Please join us for the
**2010 Washburn Center for Children
Golf Tournament at
Windsong Farm Golf Club**



**SAVE THE DATE
June 7th 2010**

For Information or Early Registration, Contact: Lisa Timmersman at 612.872.3357 or ltimmersman@washburn.org

MONTHLY GIVING

Would you like to provide consistent help for our community's most at risk children? Join Washburn's monthly giving program.

To enjoy the benefits of being a monthly donor, call **Amy** at **612-767-6328**.

Washburn Center for Children has been helping children be more successful at home, in school and in the community for 125 years. Your thoughtful gift will help Washburn Center for Children continue to provide quality assessment, treatment and support to children and their families in the future. Visit our website at www.washburn.org to make a gift.

