

Washburn's Day Treatment Program Helps Children Like Emanuel Overcome Severe Trauma

At a very young age, Emanuel had experienced extreme trauma while living in Liberia, West Africa. His biological parents didn't have the resources to take care of him and wanted a better life for their son. When he was three, he was adopted and moved with his seven year old sister to join his new family in the Twin Cities. Through adoption, "E-man" was given a new beginning, but not without bumps in the road. Adjustments were tough; chaos and confusion were at the forefront of E-man's transition. The family needed a place to turn and Washburn Center for Children was there to assist.



From early on children can experience a variety of emotional stressors. At Washburn Center for Children, highly skilled staff members help children develop the skills needed to cope with these life pressures. Washburn's **Day Treatment Program** serves children age three to ten. The program focuses on early intervention in children whose social, emotional, and behavioral problems are affecting their ability to partake in daily life. Using the "**Developmental Repair**" therapeutic approach the program has developed with **Dr. Anne Gearity**, a leading community therapist, educator and consultant, E-man's therapists and adoptive parents worked together to provide the support he needed as he transitioned into his new life.

After a year at Washburn, E-man was ready to "graduate". Upon his graduation, E-man's mother expressed her enthusiasm on their family blog and agreed to share their story in this newsletter:

"E-man graduated from Day Treatment today. We had a great morning visiting with his friends and his wonderful teachers. His teachers are the most patient people on the planet. They are doing God's work every day with kids who have so much potential but have challenges with the smallest things. We are so fortunate to have been able to take advantage of their services. We started a year ago and since then we have a whole new language: big mad, use your words, calm your body, think of others feelings, let grown-ups help, keep your body safe, I'm thinking about you even if I don't see you, and many more. Way to Go E-man!"

E-man's success demonstrates how this intensive treatment program helps some of our community's highest risk children develop the skills necessary to overcome barriers and in turn, lead outstanding lives.

YOU Could Sponsor a Graduation For a Child Like "E-Man":

What do Legos, a toy car, and a book have in common? These are gifts E-man received at his graduation. At the completion of each child's Day Treatment program, there is a graduation party held in their honor.

Graduation is a time of celebration. With their selected guests present, the child receives several items that symbolize their time at Washburn. At E-man's graduation, he was given Legos, which are representative of his success with calming exercises. There is usually a fun gift included too. E-man received a toy car, because he loves the movie, *Cars*.



What seems to be the most touching though is the picture book that the teachers created just for him. The book included pictures of activities he worked on, the goals he made and accomplished, and photos of the people who were a part of his Day Treatment experience.

The celebration is a meaningful way for the children to transition from Washburn. "It's good for them to have a healthy goodbye," commented Laura Lundberg, a pre-school therapist at Washburn.

If you would like to sponsor a graduation celebration for a child such as E-man please contact Linda at 612.872.3309.

BOBBY D's teams up with Washburn

BOBBY D's, a Minnesota-based company born to jar extraordinary tomato sauces, has established an "**Affiliated Charities Program.**"

Now you can enjoy healthy, tasty Italian Red Sauces while supporting Washburn Center of Children.

BOBBY D's President Tiffany DeChellis commented, "At BOBBY D's, we believe it's important to appreciate what we have and help others in need." With generosity, the business has announced that for every jar purchased they will donate \$1 to Washburn Center for Children when customers use Affiliate Code WCC1883 at checkout.

To learn more visit www.bobbyds.com



Washburn Center for Children's Programs and Services

Individual and Family Therapy Services:

Outpatient
School-Based

Preschool/Early Childhood Services:

Early Childhood Outreach
Family Focused

Intensive Classroom and Home-Based Services:

Day Treatment
In-home therapy
Crisis Stabilization
Case Management

Washburn Center for Children helps children with social, emotional and behavioral problems, and their families, lead successful lives.

Join Washburn's **monthly giving program**— a convenient way to provide consistent help for our community's most at risk children.

Former Board Chair Craig Britton has been a monthly donor for the past two years. Craig shares why he makes monthly contributions:

“As a business person, I understand one of the critical things that help a business run well is predictable, steady cash flow. Non-profit organizations are no different. My monthly contribution helps Washburn be more effective addressing an issue I care about, doesn't cost me anything, is more convenient, relieves me of worrying about remembering to make my donation and smoothes out my cash flow.”

If you would like to enjoy the benefits of being a monthly donor, please complete the information on the enclosed envelope, or for more information call Lisa at 612.872.3357.



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Golf Tournament Recap

Washburn's **"Helping Hands for Kids" Golf Tournament** was held July 6th at the **Medina Golf & Country Club**. The 23rd annual tournament, featuring four time PGA victor, **Tim Herron**, was attended by over one hundred golfers. The day, combined with beautiful weather and friendly competition, proved to be a huge success and will benefit the children who are helped at Washburn. Other highlights of the tournament included Herron's clinic, a live auction, and Q & A session with Herron at the awards banquet.



First Place Team with Tim Herron and Alissa Super



Tim Herron and
Richard Neuner, Washburn Board Chair



Washburn Board Members
Paula Nelson and Sherry Smith

All the photos from the golf tournament are posted on the Washburn website at www.washburn.org

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where to turn for help

Washburn Center for Children has been helping children be more successful at home, in school and in the community for 125 years. Your thoughtful gift will help Washburn Center for Children continue to provide quality assessment, treatment and support to children and their families in the future. Visit our website at www.washburn.org to make a gift.